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Dames,

There are no lesser shooters, but some few of the top competitors are pretty small people. Others are great guys, but busy.

OK, here's the deal: Yes, a 1.5 pound trigger does facilitate trigger slap without unduly disrupting sight alignment / index / pointing or whatever you choose to pay attention to during a given shot. It also makes anything but a trigger slap impossible for most shooters, particularly at moderate speeds on discrete targets where positive reset would be a good thing. Much of what you see top shooters doing are adaptations of Open gun technique.

Slapping the trigger is easier to learn with a dot, since you get instant feedback if you jerk the shot. I had learned this once, long ago, but lost over time the skill when I lost the dot. Now, I miss when I revert.

I say, learn to use both in a seamless skill set. That's where I'm at.

I can slap the 3X trigger on my SIG P-226 9mm with fair accuracy. It can be done. The trick is to train your mind to apply only the pressure and rate required to release the sear, not drive it into the frame. Dry firing this with visualization and dummy round training at the range are keys, I believe.

Calling shots at speed means using information from the sights to determine whether the previous shot hit or missed. There's two ways to shoot: One is reactively, in which the sight picture is read on some conscious level and coordinated with a less-or-sub-conscious action of trigger pull. That's the "watch your front sight" school, and it works...sort of. The other is proactively, in which the sight picture is recalled on a low-conscious level as verification that the subconscious saw what it needed to see when it broke the previous shot, while the subconscious is busy making the present one. This relates to the mode of observation that Enos and others describe. The conscious mind tends to linger in the just-past, not the present. If you ever wondered why some top shooters could do the things they do, this paragraph is really the entire explanation.

As for transitions, I do mean between targets. I stress, and can prove, that fast splits between first and second shots are not productive in Limited. (By fast, I mean faster than most anyone can really call their shots, or faster than about .16.) Despite what you see the club hosers do, you will generally not find that the top guys like Todd, Robbie and Eric Graffel depend upon such splits in Limited. Open, yes, they can get away with more. But, the math suggests there's little to gain in stressing splits over transitions, due to the points inevitably lost versus extra tension.

2X is as low as I think the HK can go, but I will attempt the impossible for you if you wish it.

I'm glad you have shooting, and sorry as hell you need it right now. Happy to help.

Bruce